

Appendix A

Table A.1: Zero-order correlations between stressor appraisals, mood, cortisol response and working memory

	1.	2.	3.	4.	5.	6.	7.	8.	9.
1. Uncontrollability	--	--	--	--	--	--	--	--	--
2. Control-by-self	-.68***	--	--	--	--	--	--	--	--
3. Negative Affect	.45**	-.51***	--	--	--	--	--	--	--
4. Positive Affect	-.25	.27	-.09	--	--	--	--	--	--
5. Cortisol - AUCi	.41**	-.45**	.26	.01	--	--	--	--	--
6. Match-to-Sample: LWL	-.05	.04	.05	.20	-.02	--	--	--	--
7. Match-to-Sample: HWL	-.08	-.05	-.09	.15	-.17	.40	--	--	--
8. Mental Rotation: LWL	-.34*	.14	-.15	.09	.00	.31	.26	--	--
9. Mental Rotation: HWL	-.26	.15	-.08	.26	-.08	.17	.13	.28	--

Note: LWL = Low Workload; HDL = High Workload; AUCi = Area under the Curve - increase; *** $p < .001$, ** $p < .01$, * $p < .05$