

**For all users of the revised version of the Adult “Reading the Mind in the Eyes” Test.**

Enclosed you will find

- the adult version of the above test
- the word definition handout,
- the correct answers.
- A copy of the paper describing the test in full

As you know, publication details of the original version appeared in the Journal of Child Psychology and Psychiatry, 38, 813-822 (1997). The revised version which we have sent you was published in the Journal of Child Psychiatry and Psychiatry, 42, 241-252 (2001).

A child version of this test has also been developed and is available upon request. It was published in the Journal of Developmental and Learning Disorders, 5, 47-78 (2001).

We would, of course, appreciate hearing of any results you obtain with this test.

Thank you.

Best wishes

**Simon Baron-Cohen**

### **Adult Eyes Instructions**

For each set of eyes, choose and circle which word best describes what the person in the picture is thinking or feeling. You may feel that more than one word is applicable but please choose just one word, the word which you consider to be most suitable. Before making your choice, make sure that you have read all 4 words. You should try to do the task as quickly as possible but you will not be timed. If you really don't know what a word means you can look it up in the definition handout.

## WORD DEFINITIONS

ACCUSING	blaming The policeman was <b>accusing</b> the man of stealing a wallet.
AFFECTIONATE	showing fondness towards someone Most mothers are <b>affectionate</b> to their babies by giving them lots of kisses and cuddles.
AGHAST	horrified, astonished, alarmed Jane was <b>aghast</b> when she discovered her house had been burgled.
ALARMED	fearful, worried, filled with anxiety Claire was <b>alarmed</b> when she thought she was being followed home.
AMUSED	finding something funny I was <b>amused</b> by a funny joke someone told me.
ANNOYED	irritated, displeased Jack was <b>annoyed</b> when he found out he had missed the last bus home.
ANTICIPATING	expecting At the start of the football match, the fans were <b>anticipating</b> a quick goal.
ANXIOUS	worried, tense, uneasy The student was feeling <b>anxious</b> before taking her final exams.
APOLOGETIC	feeling sorry The waiter was very <b>apologetic</b> when he spilt soup all over the customer.
ARROGANT	conceited, self-important, having a big opinion of oneself The <b>arrogant</b> man thought he knew more about politics than everyone else in the room.
ASHAMED	overcome with shame or guilt The boy felt <b>ashamed</b> when his mother discovered him stealing money from her purse.

ASSERTIVE	confident, dominant, sure of oneself The <b>assertive</b> woman demanded that the shop give her a refund.
BAFFLED	confused, puzzled, dumbfounded The detectives were completely <b>baffled</b> by the murder case.
BEWILDERED	utterly confused, puzzled, dazed The child was <b>bewildered</b> when visiting the big city for the first time.
CAUTIOUS	careful, wary Sarah was always a bit <b>cautious</b> when talking to someone she did not know.
COMFORTING	consoling, compassionate The nurse was <b>comforting</b> the wounded soldier.
CONCERNED	worried, troubled The doctor was <b>concerned</b> when his patient took a turn for the worse.
CONFIDENT	self-assured, believing in oneself The tennis player was feeling very <b>confident</b> about winning his match.
CONFUSED	puzzled, perplexed Lizzie was so <b>confused</b> by the directions given to her, she got lost.
CONTEMPLATIVE	reflective, thoughtful, considering John was in a <b>contemplative</b> mood on the eve of his 60th birthday.
CONTENTED	satisfied After a nice walk and a good meal, David felt very <b>contented</b> .
CONVINCED	certain, absolutely positive Richard was <b>convinced</b> he had come to the right decision.
CURIOUS	inquisitive, inquiring, prying Louise was <b>curious</b> about the strange shaped parcel.
DECIDING	making your mind up The man was <b>deciding</b> whom to vote for in the election.

DECISIVE	already made your mind up Jane looked very <b>decisive</b> as she walked into the polling station.
DEFIANT	insolent, bold, don't care what anyone else thinks The animal protester remained <b>defiant</b> even after being sent to prison.
DEPRESSED	miserable George was <b>depressed</b> when he didn't receive any birthday cards.
DESIRE	passion, lust, longing for Kate had a strong <b>desire</b> for chocolate.
DESPONDENT	gloomy, despairing, without hope Gary was <b>despondent</b> when he did not get the job he wanted.
DISAPPOINTED	displeased, disgruntled Manchester United fans were <b>disappointed</b> not to win the Championship.
DISPIRITED	glum, miserable, low Adam was <b>dispirited</b> when he failed his exams.
DISTRUSTFUL	suspicious, doubtful, wary The old woman was <b>distrustful</b> of the stranger at her door.
DOMINANT	commanding, bossy The sergeant major looked <b>dominant</b> as he inspected the new recruits.
DOUBTFUL	dubious, suspicious, not really believing Mary was <b>doubtful</b> that her son was telling the truth.
DUBIOUS	doubtful, suspicious Peter was <b>dubious</b> when offered a surprisingly cheap television in a pub.
EAGER	keen On Christmas morning, the children were <b>eager</b> to open their presents.
EARNEST	having a serious intention Harry was very <b>earnest</b> about his religious beliefs.

EMBARRASSED	ashamed After forgetting a colleague's name, Jenny felt very <b>embarrassed</b> .
ENCOURAGING	hopeful, heartening, supporting All the parents were <b>encouraging</b> their children in the school sports day.
ENTERTAINED	absorbed and amused or pleased by something I was very <b>entertained</b> by the magician.
ENTHUSIASTIC	very eager, keen Susan felt very <b>enthusiastic</b> about her new fitness plan.
FANTASIZING	daydreaming Emma was <b>fantasizing</b> about being a film star.
FASCINATED	captivated, really interested At the seaside, the children were <b>fascinated</b> by the creatures in the rock pools.
FEARFUL	terrified, worried In the dark streets, the women felt <b>fearful</b> .
FLIRTATIOUS	brazen, saucy, teasing, playful Connie was accused of being <b>flirtatious</b> when she winked at a stranger at a party.
FLUSTERED	confused, nervous and upset Sarah felt a bit <b>flustered</b> when she realised how late she was for the meeting and that she had forgotten an important document.
FRIENDLY	sociable, amiable The <b>friendly</b> girl showed the tourists the way to the town centre.
GRATEFUL	thankful Kelly was very <b>grateful</b> for the kindness shown by the stranger.
GUILTY	feeling sorry for doing something wrong Charlie felt <b>guilty</b> about having an affair.
HATEFUL	showing intense dislike The two sisters were <b>hateful</b> to each other and always fighting.



HOPEFUL	optimistic Larry was <b>hopeful</b> that the post would bring good news.
HORRIFIED	terrified, appalled The man was <b>horrified</b> to discover that his new wife was already married.
HOSTILE	unfriendly The two neighbours were <b>hostile</b> towards each other because of an argument about loud music.
IMPATIENT	restless, wanting something to happen soon Jane grew increasingly <b>impatient</b> as she waited for her friend who was already 20 minutes late.
IMPLORING	begging, pleading Nicola looked <b>imploring</b> as she tried to persuade her dad to lend her the car.
INCRECULOUS	not believing Simon was <b>incredulous</b> when he heard that he had won the lottery.
INDECISIVE	unsure, hesitant, unable to make your mind up Tammy was so <b>indecisive</b> that she couldn't even decide what to have for lunch.
INDIFFERENT	disinterested, unresponsive, don't care Terry was completely <b>indifferent</b> as to whether they went to the cinema or the pub.
INSISTING	demanding, persisting, maintaining After a work outing, Frank was <b>insisting</b> he paid the bill for everyone.
INSULTING	rude, offensive The football crowd was <b>insulting</b> the referee after he gave a penalty.
INTERESTED	inquiring, curious After seeing Jurassic Park, Hugh grew very <b>interested</b> in dinosaurs.
INTRIGUED	very curious, very interested A mystery phone call <b>intrigued</b> Zoe.

IRRITATED	exasperated, annoyed Frances was <b>irritated</b> by all the junk mail she received.
JEALOUS	envious Tony was <b>jealous</b> of all the taller, better-looking boys in his class.
JOKING	being funny, playful Gary was always <b>joking</b> with his friends.
NERVOUS	apprehensive, tense, worried Just before her job interview, Alice felt very <b>nervous</b> .
OFFENDED	insulted, wounded, having hurt feelings When someone made a joke about her weight, Martha felt very <b>offended</b> .
PANICKED	distraught, feeling of terror or anxiety On waking to find the house on fire, the whole family was <b>panicked</b> .
PENSIVE	thinking about something slightly worrying Susie looked <b>pensive</b> on the way to meeting her boyfriend's parents for the first time.
PERPLEXED	bewildered, puzzled, confused Frank was <b>perplexed</b> by the disappearance of his garden gnomes.
PLAYFUL	full of high spirits and fun Neil was feeling <b>playful</b> at his birthday party.
PREOCCUPIED	absorbed, engrossed in one's own thoughts Worrying about her mother's illness made Debbie <b>preoccupied</b> at work
PUZZLED	perplexed, bewildered, confused After doing the crossword for an hour, June was still <b>puzzled</b> by one clue.
REASSURING	supporting, encouraging, giving someone confidence Andy tried to look <b>reassuring</b> as he told his wife that her new dress did suit her.

REFLECTIVE	contemplative, thoughtful George was in a <b>reflective</b> mood as he thought about what he'd done with his life.
REGRETFUL	sorry Lee was always <b>regretful</b> that he had never travelled when he was younger.
RELAXED	taking it easy, calm, carefree On holiday, Pam felt happy and <b>relaxed</b> .
RELIEVED	freed from worry or anxiety At the restaurant, Ray was <b>relieved</b> to find that he had not forgotten his wallet.
RESENTFUL	bitter, hostile The businessman felt very <b>resentful</b> towards his younger colleague who had been promoted above him.
SARCASTIC	cynical, mocking, scornful The comedian made a <b>sarcastic</b> comment when someone came into the theatre late.
SATISFIED	content, fulfilled Steve felt very <b>satisfied</b> after he had got his new flat just how he wanted it.
SCEPTICAL	doubtful, suspicious, mistrusting Patrick looked <b>sceptical</b> as someone read out his horoscope to him.
SERIOUS	solemn, grave The bank manager looked <b>serious</b> as he refused Nigel an overdraft.
STERN	severe, strict, firm The teacher looked very <b>stern</b> as he told the class off.
SUSPICIOUS	disbelieving, suspecting, doubting After Sam had lost his wallet for the second time at work, he grew <b>suspicious</b> of one of his colleagues.
SYMPATHETIC	kind, compassionate The nurse looked <b>sympathetic</b> as she told the patient the bad news.

TENTATIVE	hesitant, uncertain, cautious Andrew felt a bit <b>tentative</b> as he went into the room full of strangers.
TERRIFIED	alarmed, fearful The boy was <b>terrified</b> when he thought he saw a ghost.
THOUGHTFUL	thinking about something Phil looked <b>thoughtful</b> as he sat waiting for the girlfriend he was about to finish with.
THREATENING	menacing, intimidating The large, drunken man was acting in a very <b>threatening</b> way.
UNEASY	unsettled, apprehensive, troubled Karen felt slightly <b>uneasy</b> about accepting a lift from the man she had only met that day.
UPSET	agitated, worried, uneasy The man was very <b>upset</b> when his mother died.
WORRIED	anxious, fretful, troubled When her cat went missing, the girl was very <b>worried</b> .

## Record Sheet

Date of Birth:..... Today's date:.....

Degree subject/occupation:.....

P	jealous	panicked	arrogant	hateful
1	playful	comforting	irritated	bored
2	terrified	upset	arrogant	annoyed
3	joking	flustered	desire	convinced
4	joking	insisting	amused	relaxed
5	irritated	sarcastic	worried	friendly
6	aghast	fantasizing	impatient	alarmed
7	apologetic	friendly	uneasy	dispirited
8	despondent	relieved	shy	excited
9	annoyed	hostile	horrified	preoccupied
10	cautious	insisting	bored	aghast
11	terrified	amused	regretful	flirtatious
12	indifferent	embarrassed	sceptical	dispirited
13	decisive	anticipating	threatening	shy
14	irritated	disappointed	depressed	accusing
15	contemplative	flustered	encouraging	amused
16	irritated	thoughtful	encouraging	sympathetic
17	doubtful	affectionate	playful	aghast
18	decisive	amused	aghast	bored
19	arrogant	grateful	sarcastic	tentative
20	dominant	friendly	guilty	horrified
21	embarrassed	fantasizing	confused	panicked
22	preoccupied	grateful	insisting	imploring
23	contented	apologetic	defiant	curious
24	pensive	irritated	excited	hostile
25	panicked	incredulous	despondent	interested
26	alarmed	shy	hostile	anxious
27	joking	cautious	arrogant	reassuring
28	interested	joking	affectionate	contented
29	impatient	aghast	irritated	reflective
30	grateful	flirtatious	hostile	disappointed
31	ashamed	confident	joking	dispirited
32	serious	ashamed	bewildered	alarmed
33	embarrassed	guilty	fantasizing	concerned
34	aghast	baffled	distrustful	terrified
35	puzzled	nervous	insisting	contemplative
36	ashamed	nervous	suspicious	indecisive

		Answers - Adults			
P	jealous	<b>panicked</b>	arrogant	hateful	<b>M</b>
1	<b>playful</b>	comforting	irritated	bored	<b>M</b>
2	terrified	<b>upset</b>	arrogant	annoyed	<b>M</b>
3	joking	flustered	<b>desire</b>	convinced	<b>F</b>
4	joking	<b>insisting</b>	amused	relaxed	<b>M</b>
5	irritated	sarcastic	<b>worried</b>	friendly	<b>M</b>
6	aghast	<b>fantasizing</b>	impatient	alarmed	<b>F</b>
7	apologetic	friendly	<b>uneasy</b>	dispirited	<b>M</b>
8	<b>despondent</b>	relieved	shy	excited	<b>M</b>
9	annoyed	hostile	horrified	<b>preoccupied</b>	<b>F</b>
10	<b>cautious</b>	insisting	bored	aghast	<b>M</b>
11	terrified	amused	<b>regretful</b>	flirtatious	<b>M</b>
12	indifferent	embarrassed	<b>sceptical</b>	dispirited	<b>M</b>
13	decisive	<b>anticipating</b>	threatening	shy	<b>M</b>
14	irritated	disappointed	depressed	<b>accusing</b>	<b>M</b>
15	<b>contemplative</b>	flustered	encouraging	amused	<b>F</b>
16	irritated	<b>thoughtful</b>	encouraging	sympathetic	<b>M</b>
17	<b>doubtful</b>	affectionate	playful	aghast	<b>F</b>
18	<b>decisive</b>	amused	aghast	bored	<b>F</b>
19	arrogant	grateful	sarcastic	<b>tentative</b>	<b>F</b>
20	dominant	<b>friendly</b>	guilty	horrified	<b>M</b>
21	embarrassed	<b>fantasizing</b>	confused	panicked	<b>F</b>
22	<b>preoccupied</b>	grateful	insisting	imploring	<b>F</b>
23	contented	apologetic	<b>defiant</b>	curious	<b>M</b>
24	<b>pensive</b>	irritated	excited	hostile	<b>M</b>
25	panicked	incredulous	despondent	<b>interested</b>	<b>F</b>
26	alarmed	shy	<b>hostile</b>	anxious	<b>M</b>
27	joking	<b>cautious</b>	arrogant	reassuring	<b>F</b>
28	<b>interested</b>	joking	affectionate	contented	<b>F</b>
29	impatient	aghast	irritated	<b>reflective</b>	<b>F</b>
30	grateful	<b>flirtatious</b>	hostile	disappointed	<b>F</b>
31	ashamed	<b>confident</b>	joking	dispirited	<b>F</b>
32	<b>serious</b>	ashamed	bewildered	alarmed	<b>M</b>
33	embarrassed	guilty	fantasizing	<b>concerned</b>	<b>M</b>
34	aghast	baffled	<b>distrustful</b>	terrified	<b>F</b>
35	puzzled	<b>nervous</b>	insisting	contemplative	<b>F</b>
36	ashamed	nervous	<b>suspicious</b>	indecisive	<b>M</b>